Mark your calendars to attend our 8th Annual **Home Plate Gala!**

SATURDAY. **JANUARY 25, 2020** Saint Paul RiverCentre



CRESCENTCOVE.ORG/HOMEPLATEGALA

Thank you to our sponsors. Amy's Bloomers. and the many musicians, families and clinicians who shared their work and experiences.







BERN/ING/

Thank you to our Symposium Planning Committee: Elaine Allen, Ted Bowman, Dr. Jeannie Goodspeed Leah Golberstein, Katie Lindenfelser, Dr. Jim Rice

Please contact Crescent Cove for more information about our Respite & Hospice Home for Kids and support offered to families caring for a child with a shortened life expectancy.

952.426.4711 x1 | Admissions@CrescentCove.org

Save the date! Next vear's Pediatric Palliative Care Symposium is October 22-23, 2020.



FOR KIDS & FAMILIES

Creating, Composing and Conducting

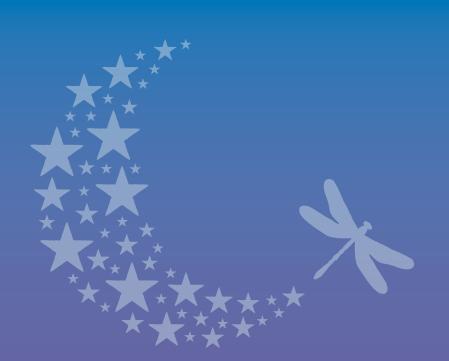
Sustaining Rhythms of Palliative Care for All



5TH ANNUAL PEDIATRIC PALLIATIVE CARE SYMPOSIUM **NOVEMBER 20-21, 2019**









Crescent Cove's mission is to offer care and support to children and young adults with a shortened life expectancy, and their families who love them.

The Crescent Cove Respite & Hospice Home for Kids is located in Brooklyn Center, Minnesota, and is just the third of its kind in the United States. It is a vibrant and joyful home-away-from-home, where each moment of life is embraced and celebrated.

Since opening in May 2018, Crescent Cove has provided 500 nights of respite and 40 nights of hospice to kids and their families. Crescent Cove currently serves close to 200 enrolled families and employs 26 individuals on staff.



Creating, Composing and Conducting Sustaining Rhythms of Palliative Care for All

At its best, pediatric palliative care providers and families "sing" together. It may not always be in unison; verses may vary, improvisations happen that require dexterity by all, and players may come and go. But when done well, music of caring can be heard, sustained, and applauded.

Symposium Schedule

Wednesday, November 20

12:00 Registration, Mix & Mingle

12:30 Welcome from Crescent Cove

12:50 Improvisation and Navigation in Pediatric Palliative Care *Ted Bowman, Moderator*

Panel Members:

- Jazz Musician Performances | Spencer Miller, DMA and Brenton Haack, MA, MT-BC
- Music Therapy Assessment | Jacob Uban, MA, MT-BC
- Parent Perspective | Dannell Shu
- Clinician Perspective | Kathryn Koehne, DNP, RN, Allie Miller, RN, and Kimara Gustafson, MD
- **2:30** Break
- 2:45 The Rich History of Music Therapy Roberta Kagin, PhD, MT-BC
- **3:15** Finding Harmony

Insights into the Roll of Culture & Communities of Faith for Pediatric Palliative Care

Jim Rice, PhD, Moderator

Panel Members:

- Atum Azzahir, Cultural Wellness Center
- Frank Bennett, University of Minnesota Center for Spirituality and Healing
- Samreen Vora, MD, Children's Minnesota
- Rabbi Marcia Zimmerman, Temple Israel
- **4:15** Palliative Care Endings
 Ted Bowman & Tracy Leonard-Warner, MHI, MT-BC
- 5:00 Wrap-Up from Day One

Thursday, November 21

8:00 Wake-Up Calls
Morning Meditation
Leah Golberstein

8:30 Songs for Living
Music Therapy in Pediatric Palliative Care
Cheryl Dileo, PhD, MT-BC

10:00 Break

10:15 Music Medicine Self-Care Through Sound Christine Stevens, MSW, MA, MT-BC

11:30 Table Discussions
What We Learned

12:15 Wrap-Up from Day Two and Evaluation Sharing and Closing Remarks

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything" — Plato



Keynote Speakers



Cheryl Dileo, PhD, MT-BC is a board-certified music therapist, the Emerita Carnell Professor of Music Therapy and the Founding Director of the Arts and Quality of Life Research Center at Temple University. She received her BMT and MMT in music therapy from Loyola University of the South and her PhD in music education for college teaching from Louisiana State University. She was named the McAndless Distinguished

Scholar and Professor in the Humanities for the 2002-3 academic year at Eastern Michigan University. She is currently on the honorary faculty at the University of Melbourne Australia, and a member of the PhD Program Advisory Board at Aalborg University, Denmark. Dr. Dileo is a past-president of the World Federation of Music Therapy and the National Association for Music Therapy (USA). The American Music Therapy Association has honored her with the Lifetime Achievement Award, the Award of Merit, and the Distinguished Research/Publication Award. She was the recipient of the 2006 Temple University Faculty Research Award, and recently received the 2018 Adjutor Hominum Award from Loyola University.



Christine Stevens, MSW, MT-BC, MA holds masters degrees in both social work and music therapy. She is author of Music Medicine, The Healing Drum Kit and The Art and Heart of Drum Circles. The founder of UpBeat Drum Circles, she has appeared on NBC, PBS, KTLA, and is a featured speaker in the DVD Discover the Gift. She has trained facilitators from more than twenty-five countries in the evidence-based

REMO group drumming HealthRHYTHMS program. Christine has worked with many Fortune 500 companies, survivors of Katrina, students at Ground Zero and most recently, led the first drum circle training in a war-zone in northern Iraq.

Speakers



Elder Atum Azzahir is a teacher and a practitioner of African Thought & Spirituality. She received her D-Litt Kemii, Doctor of Literature from the International Khepran Institute, an honor that acknowledges her work in building sustainable cultural institutions in African communities. She is the founder, president, and executive director of the Cultural Wellness Center in Minneapolis. In addition to serving on several

community organization boards, Elder Atum has also served as a consultant to area foundations, colleges and the Minnesota Department of Health.



Frank Bennett is the founder of Living Well, Dying Well a senior fellow at the Earl E. Bakken Center for Spirituality & Healing at the University of Minnesota. Living Well, Dying Well's goal is to improve end-of-life care communication, outcomes and quality of life for individuals, their families and clinicians. As a teacher, researcher and spiritual care professional, Frank is committed to providing person-centered

care for all seriously ill individuals. Since 2006, Frank has been a chaplain and advance care planning facilitator. Frank completed his Clinical Pastoral Education (CPE) with Allina Health and earned his Master of Divinity degree in 2010 with an emphasis on pastoral care and community-based chaplaincy from United Theological Seminary in 2010. He is currently a PhD student at the University of Minnesota's School of Nursing.



Ted Bowman is an educator, author and consultant who specializes in change and transition. He is an adjunct faculty member at the University of St. Thomas, teaching a graduate social work course on grief and loss. Ted was senior trainer for the Wilder Foundation and taught family education courses at the University of Minnesota. Ted has published more than 80 articles, chapters, booklets, and poems.

He received the Minnesota Council on Family Relations Distinguished Service to Families Award in 1979, the Friend of the Network Award from the Minnesota Vocational Consumer and Family Education Network in 1988, and the St. Paul Civitan Club Clergy Award in 1994.



Leah Golberstein is a former academic and an artist who has extensive training in teaching mindfulness meditation; in particular, in teaching meditation to trauma sensitive populations. Leah has worked with cancer and cardiac patients, families and care givers of hospice patients, at-risk teenagers, and individuals seeking relief from anxiety. Leah has graduate degrees in both theoretical mathematics and

in visual studies, and is a former faculty member of the Minneapolis College of Art & Design.



Kimara Gustafson, MD is a pediatrician who currently practices at the University of Minnesota Masonic Children's Hospital, and serves as the medical director for Crescent Cove. She attended medical school, public health school and completed her residency at the University of Minnesota. Kimara's path to pediatric hospice care was fostered through her personal connection supporting her own beloved

grandfather's journey with hospice care. During that time, she was fortunate to connect with Crescent Cove, which combined her growing interest in palliative and respite care and pediatrics.

4 5

Speakers



Brenton Haack, MA, MT-BC is a music therapist with Fairview Hospice in Minneapolis, Minnesota where he works with adults and children with limited life expectancy. He is a graduate of the University of Minnesota where he taught guitar and focused on how therapist musicality affects music therapy outcomes. He has presented on a variety of music therapy-related topics at hospice and music therapy conferences.



Roberta Kagin, PhD, MT-BC is a pioneer in music therapy in Minnesota. She initiated the first music therapy program for children with special needs in the public schools (1971), and founded both the Bachelor of Science degree at Augsburg College in 1974 and the Master of Music Therapy degree in 2012. At the University of Kansas, she studied with the founders of the music therapy field, Dr. E. Thayer

Gaston and Dr. William W. Sears. She has recently retired from Augsburg University where she taught for 45 years. She received her PhD from Temple University, traveled through Europe with 300 college students over a period of 10 years, and has presented nationally and internationally in Europe and Asia. Dr. Kagin has been a strong supporter of Crescent Cove ever since Katie Lindenfelser, a former music therapy student, first expressed her passion for developing a hospice and respite home for children.



Kathryn Koehne, DNP, RN is the director of nursing and operations at Crescent Cove. After obtaining her degree in nursing from Marquette University, she worked in various pediatric positions, and most recently she held a nursing leadership role at Gundersen Health System in LaCrosse, Wisconsin. Kathryn is also an adjunct faculty at Viterbo University, and a national presenter and consultant.

Kathryn was inspired to be a nurse as a young child, when her mother was diagnosed with cancer. During the five-year journey, she assisted in providing care for her mother who died when Kathryn was just 15 years old. This experience was life-changing and created a desire to deliver the highest quality of care.



Katie Lindenfelser is the founder of Crescent Cove and serves as its executive director. She is a music therapist, massage therapist, and reflexologist who has worked with children and young adults with a shortened life expectancy and their families in the hospital, hospice, and home care setting. Katie went to Melbourne, Australia to pursue a master's degree researching music therapy and pediatric

palliative care. In the fall of 2008 she returned again to Australia to provide music therapy at Very Special Kids Children's Hospice.



Allie Miller, RN has been a registered nurse and clinical educator at Crescent Cove since October 2018. She earned her bachelor's degree in nursing from the University of Eau Claire and began her nursing career at Pediatric Home Service. Allie worked in the field at PHS as a preceptor and aided in the process of transitioning kids from the hospital to home. Her work in homecare opened her eyes and her passion to the

needs of medically complex kids and their families. She considers her work at Crescent Cove a privilege and it's her goal to give kids the absolute best quality to their days.



Spencer Miller, DMA grew up in Minnesota and attended Augsburg College. While earning a master's degree at the University of Toledo, Spencer worked as a resident artist for the Toledo Opera, serving as the accompanist for the Opera on Wheels outreach program, a graduate teacher's assistant, a music director of a local Lutheran church, and a freelance jazz pianist. As a student, Spencer earned first prize in the

University of Toledo Concerto/Aria Competition in 2015. Spencer received his doctorate in 2018 at the University of Arizona, where he enjoyed his work as a graduate assistant in the keyboard area.



Jim Rice, PhD brings extensive experience in healthcare policy, governance, and strategy development to Crescent Cove as a member of its Board of Directors and as immediate past chair. He is the managing director, governance and leadership at Gallagher Integrated where his consulting work is focused on strategic governance, visioning for health care nonprofit organizations, leadership development and strategic

capital planning. He holds adjunct faculty positions with the Judge Business School at Cambridge University in England and Strathmore University School of Business in Nairobi, Kenya.



Dannell Shu is a parent advocate in pediatric palliative care and hospice. She is known for fostering resilient families and care communities. An uplifting speaker, writer, consultant, and health care educator, Dannell shares powerful stories that inspire and motivate meaningful change through truth, humor and helpful insights. She is a member of the Minnesota Department of Health's Palliative Care Advisory Council, the

Pediatric Palliative Care Coalition of Minnesota, and a Parent Faculty for an End of Life simulation training for Fellows at the University of Minnesota. Thanks to her son Levi, Dannell is passionate about families and providers partnering together in making palliative care available early and often with access for all. Follow her blog at www.MamaShu.org.

6 7

Speakers



Jacob Uban, MA, MT-BC is the lead music therapy provider at the Crescent Cove Home and a team member of the partnering Alliance Music Therapy team. He completed his master's degree and clinical training at the University of Minnesota and Children's Minnesota. In addition to his work at Crescent Cove, Jacob provides music therapy services to many children, adolescents, and adults and their families

within clients' homes and in residential care facilities. He has experience working within various medical, end-of-life, and neurodevelopmental populations, and is proficient in Spanish, Mandarin Chinese, and Korean.



Samreen Vora, MD is the medical director of simulation at Children's Minnesota. Dr. Vora is a board-certified emergency physician with a Master in Health Care Administration and Management. After her emergency medicine residency, Dr. Vora pursued her passion for simulation by completing a two-year fellowship in simulation and medical education incorporating a Master in Health Professions Education.

Dr. Vora was part of the emergency medicine simulation fellowship curriculum development taskforce and worked with a team to publish national curriculum guidelines. Dr. Vora's current research focuses on the role of implicit bias in simulation education as well as the development of Simulation Based Mastery Learning curricula for multidisciplinary healthcare professionals.



Tracy Leonard-Warner, MHI, MT-BC, currently serves as the executive director of Ryan House in Phoenix, Arizona. Ryan House provides respite and palliative care for children and their families as they navigate life-limiting or end-of-life journeys. Prior to joining Ryan house, Tracy was a hospice clinical team lead for Hospice of the Valley, and spent sixteen years as the music therapy coordinator-supervisor

at Banner Good Samaritan Medical Center where she started the music therapy program in 1996. She began her music therapy career working with severely disabled and medically fragile children in private practice and at Upward Foundation. Tracy has served as the chair of the Certification Board for Music Therapists and in a variety of roles within the American Music Therapy Association. Tracy holds a master's degree in Healthcare Innovation.



Marcia Zimmerman is the senior rabbi at Temple Israel, a congregation of more than 2,000 households in the heart of Minneapolis. Rabbi Zimmerman is vocal and active on policy issues affecting Minnesota and the nation, honoring the words above Temple Israel's entrance: "Our house shall be a house of prayer for all peoples." Rabbi Zimmerman is dedicated to ensuring that Temple Israel's programming,

educational opportunities, and worship are inclusive and celebrate people of color, diverse learning styles and special needs, all genders and gender expressions, the LGBTQ community, and interfaith families.

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8