

MAKING MOMENTS COUNT FOR KIDS & FAMILIES

# GUIDE TO MINNESOTA AID RESOURCES

This Resource Guide catalogues a variety of resources available to families in the Twin Cities metro area and beyond who are caring for children with life-threatening illnesses. The following list of organizations assist in a variety of ways and are cross-shared in different sections.

This Guide was first developed through the compassion and wisdom of the non-profit Hearts and Hands Minnesota in January 2020. Hearts and Hands Minnesota Minnesota was established in 2010 by Vivian Leith and Ed Murphy with a

mission to provide resources and comfort to families whose children face life-threatening illnesses. The Boards of Hearts and Hands of Minnesota and Crescent Cove agreed to transfer ownership of this Resource Guide to Crescent Cove to maintain for children and families across the region.

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Administrative Office: 3440 Beltline Blvd Suite 207, St. Louis Park, MN 55416 Respite & Hospice Home: 4201 58th Avenue N, Brooklyn Center, MN 55429 952-426-4711 | CrescentCove.org | Info@CrescentCove.org

# ADOLESCENT AND YOUNG ADULT

# **Allyson Whitney Foundation**

#### https://www.allysonwhitney.org

The Allyson Whitney Foundation empowers and fights for the interests of young adults with cancer. Offers "Life Interrupted" grants to ease financial burdens.

#### The Cassie Hines Shoes Foundation

https://www.cassiehinesshoescancer.org

The Cassie Hines Shoes Cancer Foundation helps adolescents and young adults with cancer by peer support programs, including camps and other activities.

### CuckFancer

#### https://www.cuckfancer.org/pages/about

CuckFancer is dedicated to educating and spreading awareness to young adults affected by cancer through financial assistance and community involvement.

# **First Descents**

#### https://firstdescents.org

First Descents provides life-changing outdoor adventures for young adults aged 18-39 impacted by cancer and other serious health conditions.

#### Gilda's Club

#### https://www.gildasclubtwincities.org

Gilda's Club offers education and social, emotional and psychological support to all people affected by cancer, as well as structured programs for children and teens.

# Hope for Young Adults with Cancer

#### http://www.hope4yawc.org

Hope for Young Adults with Cancer connects young adults with direct financial support, social networks and other resources.

# The Nicki Leach Foundation

#### https://nickileach.org

The Nicki Leach Foundation helps adolescents and young adults aged 15-39 with cancer by providing direct financial grants and scholarships.

# **Planet Cancer**

#### https://www.livestrong.org/we-can-help/young-adults

Planet Cancer provides an online community of young adults with cancer that connects and empowers them.

# **Stupid Cancer**

#### https://stupidcancer.org

Stupid Cancer offers a lifeline to the young adult cancer community by connecting them to age-appropriate resources and peers.

# **Teen Cancer America**

#### https://teencanceramerica.org

Teen Cancer America provides resources, information and support to teenagers and their families living with cancer.

# **True North Treks**

http://www.truenorthtreks.org/what-we-do.html

True North Treks helps teens and young adults with cancer find direction by providing free canoeing and backpacking treks in remote and beautiful backcountry wildernesses.

### Young Adults with Cancer and the Affordable Care Act

https://www.cms.gov/CCIIO/Resources/Files/adult\_child\_fact\_sheet

This website provides information for young adults about The Affordable Care Act.

# Young Survival Coalition

https://www.youngsurvival.org

The Young Survival Coalition helps young adults with breast cancer by providing information and support.

# **BEREAVEMENT SERVICES**

# Bereavement Services, Children's Hospitals Minnesota

https://www.childrensmn.org/services/family-services/bereavement/

Bereavement Services offers support, education and referrals to families in the Children's Minnesota system after the death of their child. It also provides classes for children and teens. Children's staff draw from the disciplines of spiritual care, psychology, social work, child life and more.

# **Brighter Days Grief Center**

#### https://www.brighterdaysgriefcenter.org/

Brighter Days Grief Center provides free grief support services to adults, young adults, teenagers and children who are anticipating or enduring the death of a family member.

# **Center for Grief & Loss**

https://www.griefloss.org

The Center for Grief & Loss offers specialized therapy for complicated grief, trauma and life transitions.

### **Center for Loss & Life Transition**

#### https://www.centerforloss.com

The Center for Loss & Life Transition is dedicated to helping people who are grieving, and those who care for them.

### **Children's Cancer Recovery Foundation**

#### https://www.childrenscancerrecovery.org

The Children's Cancer Recovery Foundation provides emergency bridge payments to cover household expenses; offers free counseling sessions and support groups; delivers gifts to children and hospitals.

#### **Children's Grief Connection**

#### https://childrensgriefconnection.com/

Children's Grief Connection serves families who are devastated by the death of a loved one. They connect families who are experiencing similar trauma in setting, such as their Hearts of Hope Family Grief Camp.

#### The Compassionate Friends

#### https://www.compassionatefriends.org

The Compassionate Friends is a self-help organization offering friendship, understanding and hope to families that have experienced the death of a child.

#### Eluna Network Camp Erin

#### https://elunanetwork.org/camps-programs/camp-erin/

Camp Erin is a national bereavement program for children and teens grieving the death of a significant person in their lives. It provides a weekend camp that combines traditional, fun camp activities with grief education and emotional support, free of charge for all families.

#### Fairview Youth Grief Services

<u>https://www.fairview.org/our-community-commitment/youth-grief-services</u> Fairview Youth Grief services offer a range of grief support and education services for children grieving the death of a loved one, including support groups and summer camp for grieving kids.

#### **Helping Parents Heal**

#### https://www.helpingparentsheal.org/groups/helping-parents-heal/

Helping Parents Heal provides support groups and an online community dedicated to bringing bereaved parents together.

# **Missing GRACE Foundation**

#### https://missinggrace.org/

The Missing GRACE Foundation serves grieving, infertile and adoptive families. They offer phone, online and in-person support, grief support meetings, bereavement resources, memorial events and education for care professionals and the public.

### Mommies of Miracles

#### http://mommiesofmiracles.com/

Mommies of Miracles is a virtual support group for mothers of children who have medical complexities, life-limiting conditions, or developmental disabilities. They provide an extended network of resources, products and services, grief support and family matching.

# Pregnancy and Infant Loss Support Group, Allina Health and Children's MN

https://www.childrensmn.org/services/family-services/bereavement/

Children's MN programs are intended to give comfort and support to families following the loss of their child. Staff draws from the disciplines of spiritual care, psychology, social work, child life, nursing and medicine.

# **Resolve Through Sharing**

https://www.gundersenhealth.org/resolve-through-sharing/

Resolve Through Sharing is a not-for-profit organization providing grief support materials and training.

# **Southwest Grief Coalition**

https://www.swgriefcoalition.org/

Southwest Grief Coalition is a group of churches providing faith-based grief support in the southwest suburbs of the Twin Cities.

#### Sudden Infant Death Center

https://www.sids-network.org/map/mapmn.htm

The Minnesota Sudden Infant Death Center provides information and support to families whose infants have died; located at Children's Hospital Minneapolis.

# St. Andrew's Lutheran Church's Bereavement Group

https://standrewlu.org/ministries/small-groups/support-groups/

St. Andrew's Lutheran Church in Eden Prairie has a variety of different support groups for families undergoing stressful situations.

# **CULTURAL ASSOCIATIONS**

# **African Community Service**

https://www.africancs.org/

African Community Service is active in servicing resettled refugees.

# Clues (Comunidades Latinas Unidas En Servico)

#### http://www.clues.org

Clues provides six core services for Latino families: mental health, chemical health, aging well, family services, economic advancement, family and community health worker services.

# **Hispanic Outreach**

#### https://casadeesperanza.org/directory/name/hispanic-outreach/

Hispanic Outreach has a directory of community resources and organizations to support Latinos, including programs for childcare, healthcare, dental care, chemical dependency and domestic violence.

# Hmong American Partnership (HAP)

https://www.hmong.org/

HAP is a resource for the Hmong community, offering counseling and educational opportunities in a variety of subjects.

# La Oportunidad

#### https://oportunidad.org/resources/

La Oportunidad is a clearinghouse of resources and connections for the Latino community, including areas such as health, housing, mental health and legal services.

# **Minneapolis American Indian Center**

#### https://www.maicnet.org/

The Minneapolis American Indian Center offers programs for youth and seniors, employment and training services and family support services.

# Minnesota Indian Women's Resource Center

#### https://www.miwrc.org/

The Minnesota Indian Women's Resource Center (MIWRC) works with clients and partners to deliver a comprehensive array of services and referral networks.

# Native American Community Development Institute

#### https://www.nacdi.org/

Native American Community Development Institute is a resource for a range of different programs to assist the Native American communities.

# **EMERGENCY ASSISTANCE**

Emergency assistance is available throughout the Seven-County Metro Area, but each county has different criteria for aid. Check your county listing for more information.

# Anoka County

#### https://www.anokacounty.us/199/Emergency-Programs

Anoka County offers emergency assistance to qualifying persons to prevent homelessness or utility shut-off. Each benefit is limited to once per 12-month period.

# **Carver County**

https://www.co.carver.mn.us/departments/health-human-services/emergency-programs Carver County provides emergency assistance for qualifying people that are faced with an emergency expense. These include preventing foreclosure or eviction, utility disconnections and home repairs. Emergency assistance is also available to pregnant women and families with children under age 18.

# **Dakota County**

https://www.co.dakota.mn.us/HealthFamily/PublicAssistance/Emergency/Pages/default. aspx

Dakota County provides short term relief for families facing a potential loss of basic needs such as utilities, shelter or having no ability to solve situations with current household resources.

# Hennepin County

#### https://www.hennepin.us/residents/human-services/emergency-assistance

Hennepin County provides emergency resources when residents are in a financial crisis that poses a direct threat to their physical health or safety. The county may be able to help by providing short-term aid, such as: emergency temporary shelter, help with housing costs, foreclosure prevention, moving expenses and transportation, utility bills and extra food support for people on special diets.

# Ramsey County

https://www.ramseycounty.us/residents/assistance-support/assistance/financialassistance/emergency-assistance

Ramsey County provides emergency resources when families are in a financial crisis that poses a direct threat to their physical health or safety. They can provide help with emergency housing services and support.

# Scott County

https://www.scottcountymn.gov/303/Emergency-Assistance

Scott County provides a Crisis Fund or Emergency General Assistance for emergency expenses such as eviction or utility disconnection. Each benefit can only be issued once in a 3-year or 12-month period.

# Washington County

https://www.co.washington.mn.us/2377/Emergency-Assistance-Programs Washington County provides emergency assistance as a one-time cash grant available to people who face a threat to their health or safety within the next 30 days. This is for basic needs only.

# **FINANCIAL ASSISTANCE**

# Aidan Jack Seeger Foundation

#### https://www.aidanhasaposse.org

Aidan's Gifts helps families who face extreme financial stress attributed to the costs associated with caring for a child with ALD or another Leukodystrophy.

# **Aim Strong Foundation**

#### https://www.aimstronginc.org

The Aim Strong Foundation supports families of children undergoing bone marrow transplants by providing help with the expenses of relocation and extended hospital stays required for transplants.

# The Andrew McDonough B+ Foundation

#### https://bepositive.org

The Andrew McDonough B+ Foundation provides financial assistance to families whose children have cancer.

# The BeliEve Foundation

#### https://thebelievefoundation.org

The BeliEve Foundation helps people begin the process of rebuilding after the death of their child by providing immediate, practical financial support.

# Blair's Tree of Hope

#### https://blairstreeofhope.org

Blair's Tree of Hope helps families of children with pediatric cancer, bone marrow transplant or blood disorders.

# The Butterfly Fund

#### https://www.thebutterflyfund.org

The Butterfly Fund helps families whose children have had a catastrophic, life altering medical condition or event. They provide financial aid, clothing, services and care.

### **Cancer Care Financial Assistance**

https://www.cancercare.org/financial\_assistance

Cancer Care helps with cancer treatment related costs including transportation, home care and child-care. It also assists with medicines for prescribed treatments.

### **Children's Cancer Recovery Foundation**

#### https://www.childrenscancerrecovery.org

The Children's Cancer Recovery Foundation provides emergency bridge payments to cover household expenses; offers free counseling sessions and support groups; delivers gifts to children and hospitals.

#### **Clayton Dabney for Kids with Cancer**

#### https://claytondabney.org

Clayton Dabney for Kids with Cancer assists families with children in the last stages of terminal cancer by providing last wishes, special events, family travel and financial assistance.

#### **Cradle of Hope**

#### https://cradleofhope.org

Cradle of Hope provides financial and material aid to women and babies in crisis.

#### **Family Reach**

#### https://familyreach.org/our-beginnings/

Family Reach provides grants to help pay for critical medical and non-medical expenses.

#### Go4 the Goal

#### https://www.go4thegoal.org

Go4 the Goal provides financial support and grants personal wishes to families whose children have cancer.

# Halos of the St. Croix Valley

https://www.halosofthestcroixvalley.com

Halos of the St. Croix Valley helps families who have lost a child, with financial, emotional and ongoing support.

### **Headstrong Foundation**

#### https://headstrong.org

The Headstrong foundation offers financial, residential and emotional support to families affected by childhood cancer.

### IronMatt

#### https://www.ironmatt.org

IronMatt hosts several fundraisers throughout the year to provide financial assistance to families of children with pediatric brain tumors.

### The Jack Strong Foundation

#### https://jackstrong.org

The Jack Strong Foundation provides financial support with medical bills, medicine not covered by insurance, medical supplies, lodging for out of state treatments, traveling expenses and meals.

#### Jaimie's Purse

#### https://www.jaimiespurse.org

Jaimie's Purse provides gift cards to grocery stores, retail stores, gas stations and restaurants.

# Jewish Family and Children's Service of Minneapolis (JFCS)

https://www.jfcsmpls.org/

JFCS offers emergency financial assistance for qualifying individuals and families.

# The National Children's Cancer Society

#### https://www.thenccs.org

The National Children's Cancer Society provides emotional, financial and educational support to children with cancer and their families.

#### Neighbors, Inc.

https://www.neighborsmn.org/services/emergency-services Emergency assistance can vary based upon eligibility and available funds.

#### **PinkySwear Foundation**

https://www.pinkyswear.org/programs-overview

The PinkySwear Foundation provides financial aid for housing, transportation, groceries and other bills. They also provide family getaways for quality time out of the hospital.

### **Tanner's Team**

#### https://www.tannersteam.org

Tanner's Team helps families in central Minnesota cover housing, transportation and household expenses during a child's care and treatment.

# **FOOD ASSISTANCE**

Most food assistance programs will only serve people who live in a specific geographic area. To find more programs, go to Hunger Solutions below.

# Chef Lucas

#### https://cheflucasfood.org

Chef Lucas's goal is to ensure families are able to enjoy a family meal and to bring awareness of the nutritional needs of children battling cancer.

# **Christian Cupboard Emergency Food Shelf: CCEFS**

#### https://ccefs.org

CCEFS helps anyone living in Woodbury, Oakdale, Landfall and a small part of south Maplewood, east of the middle of McKnight and south of Highway 5.

#### **Hugo Good Neighbors Food Shelf**

#### https://www.hugofoodshelf.org

The Hugo food shelf serves all residents of Hugo, Centerville, Lino Lakes and White Bear Lake.

#### **Hunger Solutions**

http://www.hungersolutions.org/

Hunger Solutions provides information on location of food shelves within Minnesota.

# **ICA Foodshelf**

#### https://www.icafoodshelf.org/

ICA Foodshelf serves people in Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, and Woodland.

#### Jaimie's Purse

#### https://www.jaimiespurse.org

Jaimie's Purse provides gift cards to grocery stores, retail stores, gas stations and

restaurants.

# Loaves and Fishes

#### http://www.loavesandfishesmn.org

Loaves and Fishes provides meals at dining sites in the Seven-County Metro Area delivers food to the needy in greater Minnesota.

### Neighbors, Inc.

https://www.neighborsmn.org/services/food-shelf/

Neighbors, Inc. provides food shelf assistance, no appointments are necessary.

# **Open Arms of Minnesota**

#### https://www.openarmsmn.org

Open Arms of Minnesota cooks and delivers free meals specifically tailored to meet the nutrition needs of individuals living with cancer, ALS, MS and HIV/AIDS.

# PRISM

#### https://www.prismmpls.org/about-1

PRISM is a provider of basic needs serving Golden Valley, New Hope, Robbisndale, Crystal and Plymouth. They offer Marketplace food shelf, housing programs, the Shop for Change Thrift Shop and various children's programs.

# **GOVERNMENT RESOURCES**

# **Consumer Support Grant Program**

https://mn.gov/dhs/people-we-serve/people-with-disabilities/services/homecommunity/programs-and-services/csg.jsp

The Consumer Support Grant Program is a state-funded alternative to Medicaid home care services of home health aide, personal care assistance and/or private duty nursing.

# Hennepin County

http://www.mncourts.gov/Find-Courts/Hennepin.aspx#tab08SelfHelpCenter Hennepin County District Court has two walk-in self-help centers that offer services to people who are representing themselves in court. Some services are also available at Conciliation Court, Housing Court and the Domestic Abuse Service Center. The public may also visit the Hennepin County Law Library to find legal materials and get help with legal research.

# Lifeline Support for Affordable Communications

https://www.fcc.gov/consumers/guides/lifeline-support-affordable-communications Lifeline is the Federal Communications Commission's program to help make communications

services more affordable for low-income consumers. They provide subscribers a discount on monthly telephone services, broadband internet access service or voice-broadband bundles service purchased from participating providers.

# Low Income Home Energy Assistance Program (LIHEAP)

https://www.benefits.gov/benefit/623

LIHEAP helps low-income household with their home energy bills.

# Medical Assistance (MA) and MinnesotaCare

https://mn.gov/dhs/people-we-serve/adults/health-care/health-careprograms/programs-and-services/adults-apply.jsp Medical Assistance (MA) is Minnesota's Medicaid program for low-income persons and includes children and families and pregnant women.

# Minnesota Homeownership Center

#### https://www.hocmn.org/

The Minnesota Home Ownership Center may help with mortgage assistance, home repair and rehab funding, along with free help from nonprofit experts who educate about the home buying process.

# Minnesota Transportation Programs (MTM)

#### https://www.mtm-inc.net/minnesota/

MTM coordinates non-emergency medical transportation for fee for service Medical Assistance recipients in the Metro Twin City area. MTM arranges transportation for recipients to help them get to their medical appointments at clinics and urgent care facilities in lieu of using costly emergency room services.

# **Ramsey County**

https://mn.gov/law-library/assets/Ramsey%20County\_tcm1041-78781.pdf

Low income people who have a court case in Ramsey County can get a free 20-minute legal advice consult on family law matters.

# **Social Security Administration**

https://www.ssa.gov

The Social Security Administration offers information on benefits and services.

# Supplemental Nutrition Assistance Program (SNAP)

<u>https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</u> SNAP provides nutrition benefits to supplement the food budget of needy families, so they can purchase healthy food and move towards self-sufficiency.

# **Supplemental Security Assistance**

#### https://www.ssa.gov/benefits/ssi/

SSI pays benefits to disabled adults and children who have limited income and resources. If your child is younger than 18 and qualifies under a variety of different categories, monthly payments will be made.

# Women, Infants & Children (WIC)

#### https://www.fns.usda.gov/wic

The WIC program is a supplemental nutrition program for women, infants and children that provides supplemental foods, health care referrals, nutrition education for low-income pregnant, breastfeeding, non-breastfeed post-partum women, and to infants and children up to age five.

# **HOSPICE AND HOME CARE**

# **Crescent Cove Respite and Hospice Home for Kids**

#### https://crescentcove.org/

Crescent Cove offers care and support to children and young adults with shortened lifeexpectancy in a hospice home.

# Pathways

#### https://pathwaysminneapolis.org

Pathways provides resources and services for people with life-threatening illnesses to explore and experience complementary holistic healing approaches.

# **HOUSING ASSISTANCE**

# Aeon Homes

https://www.aeon.org/what-we-do/

Aeon Homes connects people to needed resources to stay in their homes.

# **Alliance Housing Incorporated**

#### https://www.alliancehousinginc.org/about-us/us/

Alliance Housing develops housing solutions for homeless, poor or other individuals left out of market opportunities.

# **Beacon Interfaith Housing Collaborative**

https://www.beaconinterfaith.org/

Beacon Interfaith Housing Collaborative works to sustain stable homes and shelter families.

# Bridging

### https://www.bridging.org

Bridging provides donated furniture and household goods to families and individuals transitioning out of homelessness and poverty.

# The Gift of Life Transplant House

#### https://gift-of-life.org

The Gift of Life Transplant House provides high quality, affordable accommodations to transplant patients and their caregivers in a home-like supportive environment.

# Habitat for Humanity Twin Cities

#### https://home.tchabitat.org/program-services

Habitat for Humanity offers programs for people in need of affordable homeownership opportunities and for current homeowners seeking to preserve their home.

# **Headstrong Foundation**

#### https://headstrong.org

The Headstrong Foundation offers financial, residential and emotional support to families affected by childhood cancer.

# Home Line

#### https://homelinemn.org

Home Line is a nonprofit tenant advocacy organization that offers free legal services to tenants to help solve their rental housing problems.

# HousingLink

#### https://www.housinglink.org/

HousingLink provides information on subsidized housing and other rental properties.

# PRISM

#### https://www.prismmpls.org/about-1

PRISM is a provider of basic needs serving Golden Valley, New Hope, Robbisndale, Crystal and Plymouth. in the northwest Twin Cities suburbs. They offer Marketplace food shelf, housing programs, the Shop for Change Thrift Shop and various children's programs.

# **Project for Pride in Living**

#### https://www.ppl-inc.org/

Project for Pride in Living builds and manages safe, quality affordable housing across the Twin Cities, with support services offering programs for career readiness.

# **Ronald McDonald House**

#### https://www.rmhc.org/chapter-search

The Ronald McDonald House provides housing and support to families seeking medical care for their children, throughout the Twin Cities area.

# The Salvation Army Family Stores

#### https://satruck.org/

The Salvation Amy Family Stores are located across the Twin Cities area and offers clothing, furniture, household goods and appliances. They also have programs dealing with hunger relief, housing and homeless services, youth camps and recreation programs.

### Spare Key

#### https://sparekey.org/about-us

Spare Key provides housing assistance for mortgages through housing grant payments.

#### **Tanner's Team**

#### https://www.tannersteam.org

Tanner's Team helps families in central Minnesota cover housing, transportation and household expenses during a child's care and treatment.

# HOUSEHOLD GOODS AND MEDICAL EQUIPMENT

#### The Freecycle Network

#### https://www.freecycle.org/

The Freecycle Network is a nonprofit dedicated to providing free and appropriate items to those who want them.

#### **Goodwill Easter Seals**

#### https://www.goodwilleasterseals.org/events/mlk-sale-goodwill-mn

Goodwill Easter Seals has stores throughout the Twin Cities Metro area with inexpensive clothing and household items.

#### Joseph's Coat

#### http://www.josephscoatmn.org

Joseph's Coat is a free store providing goods and service to those in need, with an environment of dignity and respect.

# The Salvation Army Family Stores

#### https://satruck.org/

The Salvation Amy Family Stores are located across the Twin Cities area and offers clothing, furniture, household goods and appliances. They also have programs dealing with hunger relief, housing and homeless services, youth camps and recreation programs.

# **Project Sloopy**

#### https://www.facebook.com/ProjectSloopy/

Project Sloopy collects unused medical equipment and supplies and distributes them, free of cost, to those who need them.

# Society of St. Vincent De Paul Twin Cities

#### http://www.svdpmpls.org

St. Vincent's Thrift Stores offer gently used clothing, accessories, housewares, art, books, games, toys and more.

# **Starlight Children's Foundation**

#### https://www.starlight.org

The Starlight Children's Foundation provides online games, videos and comic books to explain medical procedures and to entertain, distract and inspire hospitalized kids.

# **Tubie Friends**

#### https://www.facebook.com/pg/tubiefriends/about/?ref=page\_internal

Tubie Friend is a stuffed friend with medical equipment mirroring a child's condition. They offer families stuffed animals that include all kinds of tubes: feeding, respiratory, central line, etc., that can be a comfort to a child facing difficult times.

#### **Twin Cities Free Market**

http://nokomiseast.org/twin-cities-free-market/

Twin Cities Free Market offers free used goods, including toys, furniture and clothing.

# **LEGAL SERVICES**

# **Hennepin County**

<u>http://www.mncourts.gov/Find-Courts/Hennepin.aspx#tab08SelfHelpCenter</u> Hennepin County District Court has two walk-in self-help centers that offer services to people who are representing themselves in court. Some services are also available at Conciliation Court, Housing Court and the Domestic Abuse Service Center. The public may also visit the Hennepin County Law Library to find legal materials and get help with legal research.

# Home Line

#### https://homelinemn.org

Home Line is a nonprofit tenant advocacy organization that offers free legal services to tenants to help solve their rental housing problems.

# Legal Aid Society

https://www.mylegalaid.org/get-help/

The Legal Aid Society provides legal services to seniors, the disabled and to low-income communities.

# Mitchell Hamline Wheels of Justice Mobile Law Office

https://mitchellhamline.edu/about/mobile-law-office/

The Mobile Law office provides free legal assistance to individuals who might encounter obstacles to receiving needed services. Services focus primarily in the areas of family law and immigration and will provide referrals as appropriate.

# **Ramsey County**

https://mn.gov/law-library/assets/Ramsey%20County\_tcm1041-78781.pdf

Low income people who have a court case in Ramsey County can get a free 20-minute legal advice consult on family law matters.

# Volunteer Lawyers Network

https://www.vlnmn.org

Volunteer Lawyers Network offers no cost legal advice to low income people and communities.

# **MEDICAL AND DENTAL SERVICES**

# **Community Action Partnership of Hennepin County**

https://www.caphennepin.org/community-resources/health/ CAPHC is resource that has listing of clinics that offer free or reduced cost care for children and teens.

# Free and Income Based Clinics in Minnesota

#### https://www.freeclinics.com/sta/minnesota

Free and Income Based Clinics in Minnesota is an online directory of free and affordable health clinics. Most clinics listed in their database receive federal grants, state subsidies, or are owned and operated by non-profit organizations that provide services either free or at a reduced rate.

# **Dental Lifeline Network**

https://dentallifeline.org/minnesota/

The Dental Lifeline Network offers donated dental services to eligible patients.

# Mouth Healthy

https://www.mouthhealthy.org/en/dental-care-concerns/paying-for-dental-care/child- care Mouth Healthy, part of the American Dental Association, helps find free or reduced cost dental care for children who may not have access to dental care, through their Give Kids A Smile program.

# Need Help Paying Bills

<u>https://www.needhelppayingbills.com/html/minnesota\_dental\_centers\_and\_c.html</u> Need Help Paying Bills is a resource of information on free medical and dental services throughout Minnesota.

# **MULTI-SERVICE ORGANIZATIONS**

# **Catholic Charities**

#### https://www.cctwincities.org/what-we-do/

Catholic Charities offers a number of programs and services meeting basic needs in times of crisis, preventing poverty and helping people at risk of becoming homeless.

# Jewish Family and Children's Service of Minneapolis (JFCS)

#### https://www.jfcsmpls.org/

JFCS provides essential services to people of all ages and backgrounds. They provide senior services, career services, children and family services, community engagement, and counseling and mental health support. Their staff is highly trained and professional, providing culturally sensitive, confidential care that incorporates best practices.

# Lutheran Social Service of Minnesota

#### https://www.lssmn.org/

Lutheran Social Service of MN provides a comprehensive range of services and networks throughout Minnesota. Many programs are centered on children and families and people with disabilities.

# Western Communities Action Network, Inc. (WeCAN)

#### https://www.wecanmn.org/

WeCAN serves the western communities of Hennepin County including Mound, Minnetrista, Rockford, Spring Park, St. Bonifacius, Tonka Bay, Navarre, Minnetonka Beach, Maple Plain, Loretto, Independence and Greenfield.

# SIBLING SUPPORT

# Alex's Lemonade Stand Foundation for Childhood Cancer

#### https://www.alexslemonade.org

Alex's Lemonade Stand Foundation for Childhood Cancer provides support to siblings of children with cancer.

# Sibling Support Project Sibshops

https://www.siblingsupport.org/about-sibshops

Sibshops provides peer support, information and recreation to the young brothers and sisters of children with life-threatening illnesses.

# SUPPORT COMMUNITIES AND EDUCATIONAL RESOURCES

# Brave Me

https://braveme.com/?gclid=EAIaIQobChMIury00f7E5gIVh7zACh3TRAEJEAAYASAAEgI BA fD\_Bw

Brave Me is a source of videos that children can turn to for help in explaining medical procedures or deal with a medical condition, either of their own or that of a loved-one.

# **Brighter Tomorrows**

#### http://brightertomorrowshope.org/about-us/

Brighter Tomorrows provides emotional, spiritual and educational support to families whose children have cancer.

#### **Cancer Care**

#### https://www.cancercare.org

Cancer Care provides counseling, support groups, financial assistance and practical help from professional oncology social workers.

# **Cancer Support Community**

#### https://www.cancersupportcommunity.org

The Cancer Support Community provides professional programs of emotional support, education and hope at no charge.

# **Caring Bridge**

#### https://www.caringbridge.org

Caring Bridge offers free personal web pages that makes communication easy for families

and friends.

# **Children's Brain Tumor Foundation**

#### http://cbtf.org

The CBTF works to improve the treatment, quality of life and long-term outlook for children with brain and spinal cord tumors through research, support, education and advocacy. They provide a large array of information and resources for both newly diagnosed and long-term survivors.

### CureSearch

#### www.curesearch.org

CureSearch provides information to families of children with cancer. Their phone app allows you to keep track of treatments, side effects, medication reminders and view progress reports.

# Faith's Lodge: A Place Where Hope Grows

#### https://faithslodge.org

Faith's Lodge supports parents and families coping with the death or severe illness of a child, in a peaceful environment in the north woods.

# Gilda's Club

#### https://www.gildasclubtwincities.org

Gilda's Club offers education and social, emotional and psychological support to all people affected by cancer, as well as structured programs for children and teens.

# HopeKids

#### https://www.hopekids.org/about-us/

HopeKids provides ongoing events, activities and a support community for families who have a child with cancer or other life-threatening medical conditions.

# Hope Lodge

http://www.cancer.org/treatment/support-programs-and-services/patient-lodging/hopelodge/minneapolis/about-our-facility.html

The American Cancer Society's Hope Lodge provides a free home away from home for cancer patients and their caregivers.

#### **Icing Smiles**

#### https://www.icingsmiles.org

Icing Smiles is a nonprofit that provides custom celebration cakes and other treats to families impacted by the critical illness of a child.

# Jack's Caregiver Foundation

#### https://www.jackscaregiverco.org/

Jack's Caregiver Foundation's mission is to help men who are caregivers seek resources in order to make them more responsive to their needs.

# KidsCan Minnesota

#### http://www.kidscanmn.org

KidsCan of Minnesota provides program supports and age and gender-appropriate gifts and gift cards to any pediatric oncology patient family being treated in the state of Minnesota.

#### Mommies of Miracles

#### http://mommiesofmiracles.com/

Mommies of Miracles is a virtual support group for mothers of children who have medical complexities, life-limiting conditions, or developmental disabilities. They provide an extended network of resources, products and services, grief support and family matching.

# The National Brain Tumor Society

https://braintumor.org

The National Brain Tumor Society provides counseling, advocacy and referral literature.

# The National Children's Cancer Society

#### https://www.thenccs.org

The National Children's Cancer Society provides emotional, financial and educational support to children with cancer and their families.

# The National Family Caregivers Association

#### https://caregiveraction.org

The National Family Caregivers Association provides education, peer support and resources to family caregivers.

# The National Parent to Parent Support

#### http://www.p2pusa.org

National Parent to Parent Support provides counseling, advocacy, information, literature and resource referral through a matching system with experienced supportive parents.

# The Parker Lee Project

#### https://www.theparkerleeproject.org

The Parker Lee Project is dedicated to helping families of children with medical needs obtain the supplies and equipment, education and support they need.

# Pathways

#### https://pathwaysminneapolis.org

Pathways provides resources and services for people with life-threatening illnesses to explore and experience complementary holistic healing approaches.

# **Resolve Through Sharing**

https://www.gundersenhealth.org/resolve-through-sharing/

Resolve Through Sharing is a not-for-profit organization providing grief support materials and training.

# **Starlight Children's Foundation**

https://www.starlight.org

The Starlight Children's Foundation provides online games, videos and comic books to explain medical procedures and to entertain, distract and inspire hospitalized kids.

# **Tubie Friends**

#### https://www.facebook.com/pg/tubiefriends/about/?ref=page\_internal

Tubie Friend is a stuffed friend with medical equipment mirroring a child's condition. They offer families stuffed animals that include all kinds of tubes: feeding, respiratory, central line, etc., that can be a comfort to a child facing difficult times.

# **TRANSPORTATION AND TRAVEL ASSISTANCE**

# **Community Emergency Assistance Programs Transportation Solutions**

https://www.ceap.org

CEAP Transportation Solutions (CTS) has a car loan program that provides interest-free car purchase loans to low income families.

# Compass to Care

#### http://compasstocare.org

Compass to Care ensures all children can access life-saving cancer treatments by helping them travel from their homes to the hospital.

# The Jack Strong Foundation

#### https://jackstrong.org

The Jack Strong Foundation provides financial support with medical bills, medicine not covered by insurance, medical supplies, lodging for out of state treatments, traveling expenses and meals.

# **Lifeline Pilots**

#### https://lifelinepilots.org

Lifeline Pilots facilitates free transportation for medical needs and on-going medical treatments, diagnosis and follow up care.

#### The Lift Garage

#### https://www.theliftgarage.org

The Lift Garage offers free or low-cost quality car repair and also offers skilled job training in the field of auto mechanics.

#### **The National Patient Travel Center**

#### http://patienttravel.org

The National Patient Travel Center helps coordinate travel for financially needy patients who need assistance in getting transportation to receive medical treatment. The provide help in the air with commercial airline tickets and volunteer pilots, and on the ground with gas cards, bus and train tickets.

#### Neighbors, Inc.

#### https://www.neighborsmn.org/services/supportive-services/

Neighbors' transportation program provides rides to persons who have no other readily available means of transportation for things such as medical appointments, county offices, food access and other necessary appointments.

# **WISHES**

#### 3 Little Birds 4 Life

https://3littlebirds4life.org 3 Little Birds 4 Life answers the wishes of children with cancer.

#### Chad Greenway's Lead the Way Foundation

#### https://www.chadgreenway.org/

The Chad Greenway Foundation provides seriously ill and physically challenged children throughout the Twin Cities with daily support and life-changing experiences. It has programs such as the *Tendher Heart Luncheon* to honor mothers of chronically ill children; *Field of Dreams* that fulfills sports wishes and dream vacations; *Chad's Locker* which provides patients and their families access to computers, movies and video game systems during their hospital stay.

# **Clayton Dabney for Kids with Cancer**

#### https://claytondabney.org

Clayton Dabney for Kids with Cancer assists families with children in the last stages of terminal cancer by providing last wishes, special events, family travel and financial assistance.

# Eagle Mount

#### https://eaglemount.org/about/

Eagle Mount empowers children and adults with disabilities as well as people with cancer by providing a variety of outdoor experiences, including backpacking, horseback riding, skiing and cycling.

#### **Famous Fone Friends**

#### http://www.famousfonefriends.org

Famous Fone Friends matches celebrity volunteers to have phone conversations or customized videos with ill children.

### Make-A-Wish Minnesota

#### https://mn.wish.org

Make-A-Wish Minnesota grants wishes to children with terminal or life-threatening illnesses. It also offers grants for higher education for any wish kid, as well as financial relief to families who experience the loss of a child.

# Songs of Love

#### https://www.songsoflove.org

Songs of Love is an organization that creates free, personalized, original songs to uplift children and teens currently facing tough medical, physical or emotional challenges.

#### **Special Spaces**

#### https://specialspaces.org

Special Spaces creates dream bedroom makeovers for children with cancer, where they can sleep, rest, play and spend time away from the challenges of their illness.

# Wishes and More

#### https://wishesandmore.org

Wishes and More creates memorable experiences for children fighting a terminal of lifethreatening illness.

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